



RETAIL
CATALOG
SUMMER
2006

M/A's Botanicals
Baby Moon Botanicals
Skin Wise Skin Care
Nature's Talisman Personal Aromatherapy

A 3-SIGMA Group
1262 Beryl St., PMB 14
Redondo Beach, CA
90277-2427
1-310-741-3356
fax: 1-800-779-7543
www.3-SIGMA.net

TABLE OF CONTENTS

About Us page 3

THE CATALOG

BABY MOON BOTANICALS Holistic Skin Care for Baby
.....visit: www.babymoonbotanicals.com

NATURE’S TALISMAN Personal Aromatherapy page 4

SKIN WISE Holistic Skin Care page 5

M/A’S BOTANICALS AROMATHERAPY

Essential Oils and Diffusers page 7

Ordering Information page 8

Gift Baskets email inquiries to: orders@masbotanicals.com

About M/A's BOTANICALS family of brands

Founded in 1996 by **MaryAnn Schoon Groark** to provide skin care products scientifically designed to enhance our health from the outside in.

BABY MOON BOTANICALS

A nurturing line of earth-based, pediatric dermatologist tested baby care products. Unique to **BABY MOON BOTANICALS** is the exclusive use of high-end therapeutic grade essential oils, carefully selected raw materials, and the absence of harmful ingredients found in most commercially produced baby products. This makes **BABY MOON BOTANICALS** the first choice in newborn baby care for the enlightened parent. **Visit: www.BabyMoonBotanicals.com**

SKIN WISE Holistic Skin Care

Throughout her years of research and development, Maryann has been mentored by some of the most prominent ingredients and scientific skin care professionals in the industry. The result of these alliances is **SKIN WISE SKIN CARE SYSTEMS—Age Defying Solutions** for the everyday woman. **See page 5.**

NATURE'S TALISMAN PERSONAL AROMATHERAPY

Balancing all of the demands of real life requires an "EVEolution" for all women who truly believe that they can do it all. The **NATURE'S TALISMAN** line of personal aromatherapy sprays and perfumes are compact essential oil fragrances that can be pulled out in a pinch to customize one's environment with the balancing effects of pure essential oils. **Personal Aromatherapy starts with page 4 .**

About our founder. MARYANN SCHOON GROARK, certified aromatherapist

MaryAnn Schoon Groark holds an International Certification in Aromatherapy from the Pacific Institute of Aromatherapy.

Her range of study includes botany, organic chemistry, essential oil toxicology, pharmacologic use of essential oils in the treatment of disease, cosmetology, essential oil blending and natural perfumery.

She also holds a master's certificate in cosmetic science and skin care ingredients from UCLA, is a professional member of the National Association of Holistic Aromatherapists, and was recently inducted into the Society of Cosmetic Chemists as a result of her work in the industry.

MaryAnn is deeply committed to fusing science and nature, bringing them together to the forefront of contemporary personal care, and into the homes of families everywhere.

Enjoy.

NATURE'S TALISMAN— Personal Aromatherapy Perfumes & Body Sprays

Personal essential oil sprays and perfumes are perfect for scenting your surroundings, removing negative energy, inspiring positive thought, and invoking balance and calm. The phyto-medicinal elements of essential oils directly effect our emotions, while the mystical forces of essential oils can inspire wisdom, spirituality, and peace.

Use them as your signature fragrances, changing them as your mood dictates, or, use them as an essential tool to help you cope with a busy lifestyle.

Scent your office, your car, home, hotel room, and your skin and hair. Wherever you are, Nature's Talisman Personal Aromatherapy Sprays will enhance every aspect of your life, and bring you back to center.

AROMATHERAPY SPRAYS & ROLL-ON PERFUMES

2oz. tinted bottles with fine mist spray tops-- \$ 18.00 (NTS-002-insert two letter code here)
1/3 oz. blue glass roll-on perfumes-- \$ 35.00 (NTP-033-insert two letter code here)

ARDOR: Creates a peaceful, balanced state of mind, and a willingness to share and to love. (code—AD)

BALANCE: Also named Athena, for those of you who wear several hats throughout the day. Restores balance and a positive awareness of one's own identity. (code—BA)

CLARITY: Promotes uncluttered thinking and clear expression. Great before those business meetings, or just before your workout. (code—CT)

ESTEEM: Increases the feeling of courage, strength. Encourages direction in time of doubt. (code—CN)

ELAN: Encourages getting down to business and taking positive action. (code—EL)

FAITH: Evokes wisdom; awakens faith, and inspires spirituality. (code—MG)

PROWESS: Increases one's natural energy and magnetism. Attracts others in a favorable way. (code—PR)

STARTER KIT: Five 1 oz. travel-sized spritz bottles of our most popular aromatherapy sprays. (code: NTP-005-SET) \$ 45.00

SKIN WISE

HOLISTIC SKIN CARE

the skin wise® skin system

Creating Your Own Skin System.

The Skin Wise® Skin System utilizes targeted, high-performance ingredients to re-program and optimize your skin's health, allowing your skin to achieve it's own natural perfection.

Your skin's nutritional health relies on making 5 simple, yet essential, steps part of your daily skin care routine. Select a **solution** for each of the 5 steps that best fits your skin type.

	<u>Skin Type</u>	<u>Solution</u>
Step #1: Cleanse	Oily/Acne-Prone All Skin Types	Purifying Cleanser Gentle Cleansing Milk
Step #2: Tone & Balance	Oily/Acne-Prone Normal/Dry/Mature	Geranium Rose Toner Lavender Toner
Step #3: Restore & Repair	Stressed/Mature Stressed/Dehydrated	Cellular Peptide Complex Replenishing Serum
Step #4 Moisturize	Normal/Oily Dry/Mature	Neroli Rose Ultra C Rosehips
Step #5 Exfoliate & Clarify	Normal/Oily Normal/Dry	Alpha Hydroxy Aloe Gel Firming Vitamin Mask
Add.... Targeted Repair	Eyes & Throat Blemishes	Chamomile Eye/Throat Crm Blemish Spot Gel
And.... Sun Protection	All Skin Types	Sun Wise SPF 28

Used as directed, Skin Wise® will help restore and revive your skin's appearance, energizing your skin to a healthy natural radiance. Experience results such as firmer, smoother, more even-toned skin, and minimized wrinkles in less than 6 weeks.

Optimize your skin's health with Skin Wise® Holistic Skin Care

skin wise® method & use

- Gentle Cleansing Milk** (all skin types—use AM & PM) \$ 26.70 (OLC—004)
Gentle, effective cleansing that won't disrupt your skin's natural ecology. Dissolves make-up and deep cleans as it soothes and refreshes all skin types. Apply generously to moistened skin, using a circular motion. Rinse with warm water. Use morning and evening.
- Purifying Cleansing Gel** (oily/acne-prone—use AM & PM) \$ 31.80 (OPC—004)
An oil-dissolving gel cleanser that targets the dirt deep down in your pores. Carefully formulated to combat bacteria and regulate sebum production to control break-outs and oily skin without drying it out. Apply to moistened skin, using a circular motion. Rinse with warm water. Use morning and evening.
- Spritz Toners:** Geranium Rose—oily/acne-prone, \$31.00(OTR—004); Lavender—all skin types, \$27.00(OTL--004)—use AM /PM
Toning is essential to healthy skin. Our Spritz Toners refresh your skin after cleansing, and restore it's natural pH. This allows it to focus on being beautiful, balanced, and ready for the skin restoratives that follow this step. Spritz generously after cleansing, and apply serums, complexes, or moisturizers while skin is still damp to maximize their effectiveness.
- Neroli Rose Moisturizer** (normal skin—use AM & PM) \$ 32.90 (OCN—002)
Designed to prevent normal-oily complexions from the loss of elasticity caused by astringent cleansing. This essential moisturizer keeps skin soft and subtle, as it balances unevenness in oily-dry areas. Apply with fingertips to clean face that's been moistened with spritz toner. Use morning and evening.
- Ultra C Rosehips Moisturizer** (normal/dry, or mature skin—use AM & PM) \$ 42.70 (OUC—002)
Dry and mature skin has a unique set of needs and must be properly protected. This lipid-rich moisturizer soothes, and protects the skin, creating a barrier against dryness and damaging elements. Naturally occurring vitamin C and anti-oxidants assist the skin in it's war against damage caused by sun, airborne toxins, and Father Time. Apply with fingertips to clean skin that's been moistened with spritz toner. Use morning and evening.
- Replenishing Serum** (undernourished, dehydrated skin—use in evening, under moisturizer) \$ 48.00 (OCR—001)
Dehydrated skin looks aged well before its time. It needs extra help restoring the "bricks and mortar" that is the foundation for a beautiful complexion. This restorative serum provides intense healing needed to even-out and brighten your skin tone, and attack one of the primary causes of prematurely aged skin. Apply a pea-sized amount to face that's slightly moistened with toner. Follow with moisturizer. Can be used morning and evening.
- Cellular Peptide Complex** (deep cellular repair, anti-aging support—use daily, under moisturizer) \$ 60.00 (CPC—001)
An intense diet for the skin—full of vitamins, nutrients, anti-oxidants, and age-fighters to provide live cells with what they need to function at their best. The result—firm, radiant skin, and a vibrant, youthful complexion. Ingredients so revolutionary that they're protected by patent provide dramatic improvement in just 4 weeks. Use daily, under moisturizer. Can be used morning and evening.
- Chamomile Eye & Throat Crème** (diminishes appearance of lines, dark circles, puffiness) \$ 48.40 (OEC—085)
This extremely rich formula provides the extra pampering that the eyes and throat areas require. Improves firmness and elasticity, and discourages future signs of aging. Use every evening for exceptional, targeted repair.
- Alpha Hydroxy Aloe Gel Mask** (gently resurfaces; absorbs unwanted oils—can be used daily) \$ 26.00 (OAH—001)
For oily skin that needs gentle care, this mild fruit acid mask gently dissolves dead surface cells and impurities which block pores. Apply a generous layer to clean, dry skin. Leave on for up to 10 minutes. Rinse off with warm water. Follow with toner, then moisturizer. Keep away from eyes.
- Firming Vitamin Mask** (restores skin's healthy vitality—use weekly) \$ 26.00 (FVM—002)
The quickest way to visible results. Revitalize a dull complexion in minutes with this rehydrating, nourishing, and firming clay mask. Apply generously to a damp face, leave on for up to 15 minutes. Gently remove with warm water. Follow with toner, and moisturizer. Keep away from eyes.
- Sun Wise SPF 28** (UV protection, all skin types—use daily) \$ 28.00 (SWS—004)
Defends against premature aging and skin damage; protects against UVA & UVB rays; preserves your skin's health and beauty. Gently provides powerful protection as it helps lessen the damage caused by direct and indirect sunlight. Formulated to be light and sheer so it can worn under make-up and with moisturizer. Water resistant. Simply the best sunscreen on the market.
- Blemish Spot Gel** (use as needed to dry, repair blemishes) \$ 12.00 (ORG—025)
Dries break-outs fast, without the irritating side-effects of most acne treatments. Naturally supports the skin's self-healing process as it seals irritants out. Reduces visible redness, and calms troubled skin. Apply under make-up and moisturizer as needed.

ESSENTIAL OILS & DIFFUSERS

ABOUT OUR ESSENTIAL OILS

How do therapeutic grade essential oils differ from those purchased at your local retailer? The ability of an essential oil to deliver its true therapeutic benefits is affected by its method of harvesting, the distillation process, the temperature and atmospheric pressure that is used in its handling, and even the region from which it originates.

Some producers may use extenders and harsh chemicals to maximize their essential oil production, and reduce their production costs. This is very compromising to the end product.

Therapeutic-grade essential oils are processed under exacting standards, and are guaranteed to be genuine and authentic. Medical aromatherapy relies on the consistency and potency of these high-end essential oils, and this is why it is the only grade used in by M/A's BOTANICALS, and by MaryAnn Schoon Groark in her practice as a certified aromatherapist.

We recommend the following on-line sources for high quality essential oils:

Original Swiss Aromatics www.originalswissaromatics.com

Michael Scholes Quality Aromatics www.labofflowers.com

Tisserand Aromatherapy www.tisserand.com

ABOUT DIFFUSERS:

There are many ways to diffuse essential oils into our environment. One of the most effective ways is to use an atomizer that disperses the essential oils molecules into with air *without using heat*. Our state of the art atomizer consists of a silent air pump, brass nebulizer, glass expansion chamber, and an oil reservoir. The ultra fine mist emitted from the chamber disperses pure essential oils efficiently into the surrounding environment and works well in areas up to 500 square feet. The entire unit is tiny, taking up no more space than a venti cup of Starbuck's, and fits well in any room.

\$ 70.00 each (DIF1-000)

ORDERING INFORMATION

BY PHONE: Call us at **1-310-741-3356** between the hours of 8:30am – 7:00pm Monday – Saturday (Pacific Standard Time). Please be prepared with product numbers, quantity, shipping address and credit card information.

BY FAX: Download our easy to use order form (www.masbotanicals.com), fill it out, and fax it to **1-800-779-7543**. Incomplete forms will delay the processing of your order. Be sure to completely fill out the form and include your telephone number so we can contact you when your order has been shipped.

BY EMAIL: Email us your order at orders@masbotanicals.com. We will verify all prices and contact you via reply email when the order is complete and has been shipped. Be sure to include your complete shipping address, phone number and credit card info (your name, as it appears on your card, your billing statement address, the credit card number, and expiration date).

SHIPPING CHARGES: Buyer agrees to pay all shipping costs. All shipments are made via U.S. Postal Service, UPS, or Federal Express, at the seller's discretion. Charges will vary according to order size and destination.

Approximation of shipping costs by invoice total:

Pre-tax invoice totals--	Less than \$ 30.00-----	\$ 6.50
	\$ 31.00 to 70.00-----	\$ 7.50
	\$ 71.00 to 110.00-----	\$ 9.50
	\$ 111.00 to 150.00-----	\$ 11.50
	\$ 151.00 to 200.00-----	\$ 14.50

Gift Baskets: add \$ 6.00 to shipping costs (in addition to \$ 20.00 gift basket charge)

METHOD OF PAYMENT: All email, internet, and phone orders must be paid by credit card (VISA or Mastercard)